

# MobilizeAZ

Turning the tide against opioid misuse and substance use disorder




## OPIOID IMPACT IN ARIZONA

July 1, 2017–December 31, 2019

34,665 SUSPECTED OPIOID OVERDOSES

3,780 ARIZONANS DIED OF A SUSPECTED OPIOID OVERDOSE

 1,560

Babies were born with possible **DRUG-RELATED WITHDRAWAL SYMPTOMS**

## OPIOIDS IN ARIZONA

185%

INCREASE IN AMOUNT OF NALOXONE DISPENSED BY PHARMACIES



Fentanyl involvement in single drug opioid overdoses

INCREASED FROM 10% TO 16% between 2018 and 2019

16%

## OPIOID DANGERS

- 1 Taking opioids too long. They can become addictive in just **five days**.
- 2 Combining drugs or sharing opioids can be deadly.
- 3 Taking opioids with alcohol can be extremely dangerous and even fatal.
- 4 Using pain killers can lead to abusing **more dangerous drugs like heroin**.



**STOP MISUSE. PREVENT AN OVERDOSE.**

- **Ask your doctor** about other pain treatment options.
- **Stop taking your opioids** if you don't need them.
- **Turn in your old drugs.** Prevent others from having access to unused opioids. To find a drug take-back kiosk near you, visit [MobilizeAZ.com](http://MobilizeAZ.com).

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Sources: Opioid Update & Surveillance Data Summary, February 2020, Arizona Department of Health Services; 2016 National Survey on Drug Use and Health; CEA Report: The underestimated cost of the opioid crisis, 2017; National Institute on Drug Abuse, 2017. Updated May 2020

 **BlueCross BlueShield Arizona**

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